

Furnace Mountain Zen Center - Retreat Application 2023

This file has two parts:

1. Explanation of our application process
2. Application form

Application Process:

1. Please fill out, sign, and return your application form to fmzconline@gmail.com.
2. Once we've received your application, we'll send a return email notifying you of your acceptance into retreat. Admission to retreat is by application and availability of housing space.
3. Make your retreat donations. There are two ways to donate:

- **A paper check to:**

Furnace Mountain Zen Center
PO Box 545
Clay City, KY 40312

On your check, please clearly indicate which retreat, for example "April Weekend Retreat". Please make sure your check doesn't bounce. Every bounced check creates additional costs for us and a whole lot of extra work.

- **The PayPal- account on our website:**

<https://www.furnacemountainzen.org/donations--support.html>

If you use PayPal, make sure to clearly indicate which retreat, for example "April Weekend Retreat".

Your retreat space is secured once we've received your retreat donation.

We suggest three donation levels:

- "Basic level" - if your finances are tight and you cannot afford to offer the supporter level.
- "Supporter level" - this level helps FMZC cover the basic costs for maintaining the Zen Center and for being able to offer in-person and online retreats.
This is our suggested minimum donation level.
- "Benefactor level" - if you can give on this level, you help us offer scholarships to sangha members in need, and you also help us keep FMZC up and running.

Suggested amounts for the various donation levels can be found on our website:

<https://www.furnacemountainzen.org/registration-and-suggested-donations.html>

Please choose the amount that best matches your financial situation and most benefits the Zen Center.

4. After your donation has been received, you'll be sent a final confirmation email, including information about what to bring to retreat and the directions to Furnace Mountain Zen Center.
5. Before applying, please have a look at our retreat information page. And please, don't make any travel plans or book flights before you have received the confirmation email.

Please note: Partial retreat attendance – joining later or leaving earlier – is not possible unless there's an emergency. All participants agree to sit the entire retreat. (The retreat period in October has specific, weekly entry & exit days)

<https://www.furnacemountainzen.org/general-retreat-information.html>

If you have questions about this process, please contact us at fmzonline@gmail.com

Application Form - In-Person Retreat at Furnace Mountain 2023

Retreat Name (e.g., "April weekend retreat):

Beginning date:

Ending date:

Name:

Address:

Telephone:

E-Mail:

Birthday:

Briefly describe your previous meditation and Zen retreat experience:

Food Allergies (only allergies, not food preferences!)

Other allergies, health conditions etc. we need to know about:

Health issues impacting your participation during work-period assignments: (Work period includes work in the garden, help in the kitchen, cleaning in and around buildings, and trail maintenance.):

Who to contact in case of emergency (name, relationship & phone number):

Please note:

During an in-person retreat all participants sit, work, and eat together throughout the entire day. The teacher(s) leading the retreat will give encouragement talks each day and participants will have the opportunity to attend private interviews with the teacher(s). Outside of interviews and work practice all retreats are held in complete silence, both in public spaces and private quarters.

Some previous experience of sitting meditation is advised. If you have any concerns, or believe you have a pre-existing physical or psychological issue that could impact on your ability to participate in the retreat fully, please let us know and we will be happy to discuss your situation with you.

Furnace Mountain Zen Center is located on more than 1000 acres of rugged woodland. We share this beautiful place with a lot of wildlife - including mosquitos, ticks, snakes and the emerald ash borer which causes tree damage. Appropriate clothing, insect & tick protection, and general caution are advised when retreating at Furnace Mountain Zen Center.

I hereby release the trainer(s), Furnace Mountain Zen Retreat Center, its trustees, and its members from any liability for any harm incurred as a result of my participation in the retreat.

Name:

Date:

Signature: